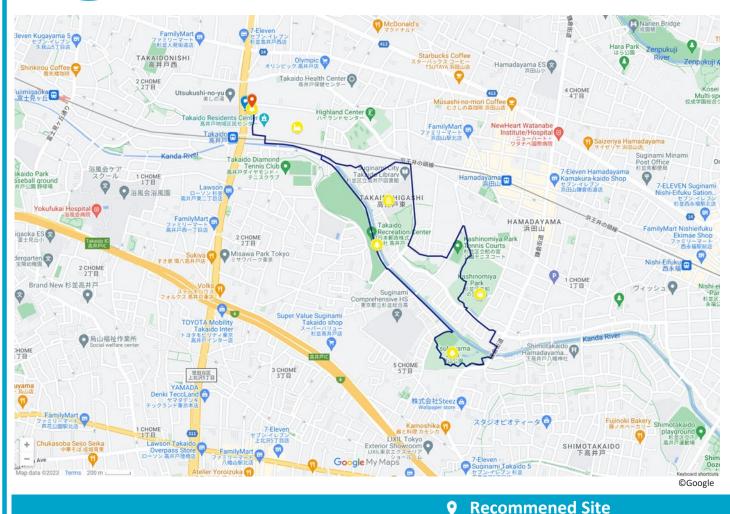


Park Walking Course from Takaido







Route Description

Takaido Regional Ward Center Hiroba

Suginami Waste Disposal Center

Along the Kanda River

Tsukayama Park

Teahouse in the Kashiwa-no-miya Park (Rinkyutei)

Souvenir d'Anne Frank Rose (Inside the Takaido Junior High School)

Takaido Regional Ward Center Hiroba

☐ Time allowed	around 59 minutes
පී Distance	around 3.9 km
Calorie consumption	around 177 kcal
Number of steps	around 5570 steps

* These are estimates given for a person, weight 60kg, moving at 4km per hour, walking 10 min.=30kcal, one step=70cm.

Tokyo Metropolitan Government Health Promoting character KENKOUDESUKA-MA











Along the Kanda-gawa River

Flowing from its source, the Inokashira Pond, the Kandagawa River flows through the city center while joining the Zenpukuji-gawa River and Myoshoji-gawa River. It is a Class A river flowing into the Sumidagawa River. In the early Edo period, it was also developed for drinking water as the Kanda waterworks. Its route was also changed.





Tsukayama Park

On the grounds are the Tsukayama ruins, where there was a village in the middle of the Jomon period. In the residence, where a pit dwelling was restored, and in the administrative building are Jomon pottery and stoneware on display. On the grounds are four hiroba plazas and a youth baseball field.





Teahouse in the Kashiwa-no-miya Park (Rinkvutei)

This teahouse was built at the edge of a pond at the Edo villa of the Sakai family in Yaraicho, Shinjuku City. Sakai Tadakatsu (daimyo of Obama Domain in Wakasa Province) ordered it built by Kobori Masakazu (Enshu). It was relocated to this area in 1959 and named Rinkyutei.

