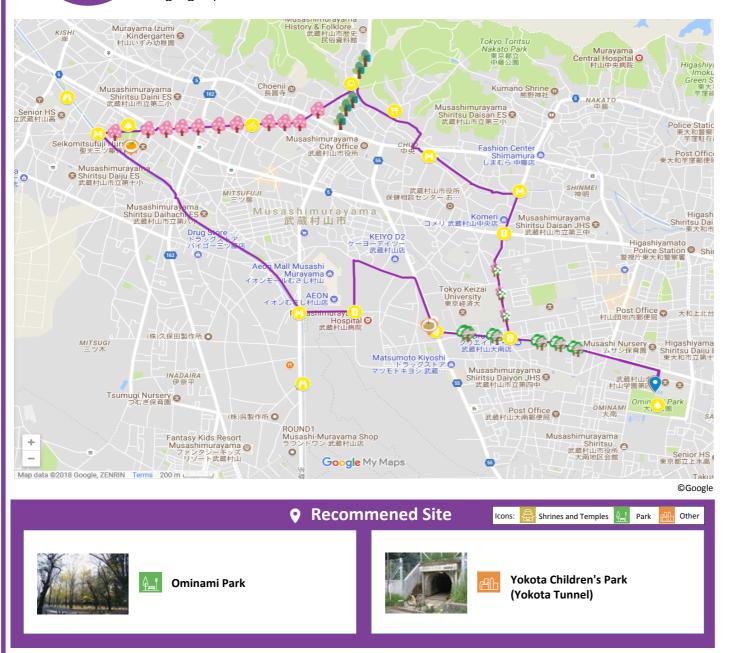
Musashi murayama City

## Iki-Iki (Lively) Course - A Course

## Highlight | Yokota Tunnel





PR character for initiatives to promote the charms of Musashimurayama

## **Route Description**

- Ominami Park
- Murayama Medical Center-minami
- Murayama Medical Center-kita
- Nakasuna-bashi Bridge
- ც Hagi-no-o-bashi Bridge
- 🔒 Hiyoshi Jinja Shrine
- Nokota Children's Park (Yokota Tunnel)
- 🔊 Noyama-kita Park Bike Lane
- Sannomori Park
- Horikawa-bashi Bridge
- Inadaira-bashi Bridge
- In front of Musashimurayama Hospital
- Ominami Park

☐ Time allowed	around 158 minutes
ළු Distance	around <b>10.5</b> km
Calorie consumption	around 473 kcal
Number of steps	around 15000 steps

\* These are estimates given for a person, weight 60kg, moving at 4km per hour, walking 10 min.=30kcal, one step=70cm.

Tokyo Metropolitan Government Health Promoting character KENKOUDESUKA-MAN