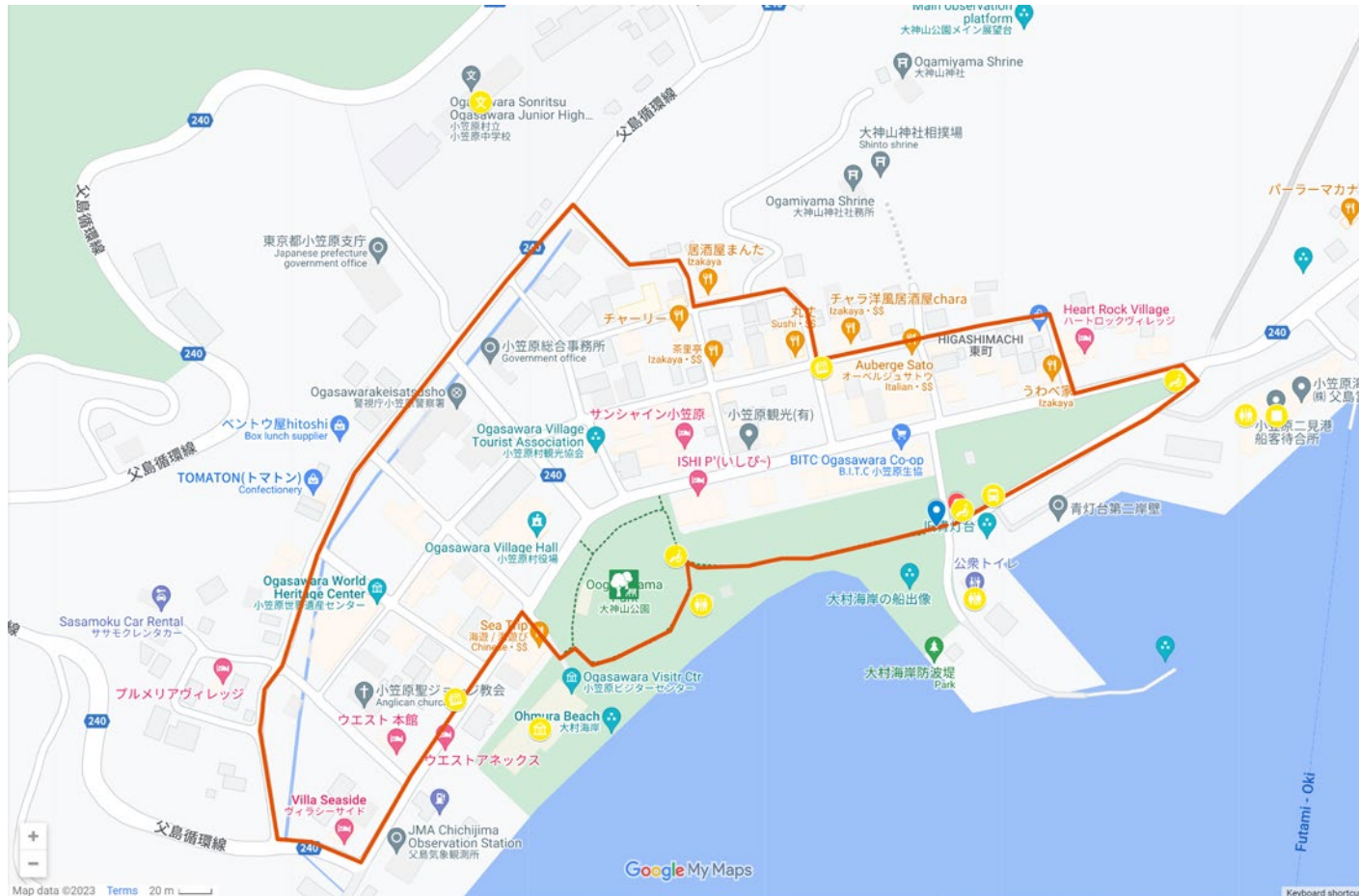




Tokyo Metropolitan Government Health Promoting character
KENKOUDESUKA-MAN



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Route Description

- Aotodai toilets
- ▼
- Ogamiyama Park
- ▼
- Visitor Center
- ▼
- Ogasawara Elementary & Junior High School
- ▼
- Ferry passenger waiting room
- ▼
- Aotodai toilets

Route Description

This course is an easy walk that is near Chichijima's main residential area and has few slopes. We recommend the course because it has many benches where you can rest, vending machines, and toilets, and allows you to take a casual walk. Going for a stroll in familiar landscapes would make you realize scenery you haven't known.



Time allowed	around 23 minutes
Distance	around 1500 m
Calorie consumption	around 69 kcal
Number of steps	around 2143 steps

* These are estimates given for a person, weight 60kg, moving at 4km per hour, walking 10 min.=30kcal, one step=70cm.