

Long-Term Care Insurance System Procedure

- If you wish to utilize services provided by long-term care insurance, you should first apply for a care need certification or a support need certification at your municipal office. If you get the certification, you can use the service according to the long-term care plan the care manager draws up for you after consultation.
- At municipalities that have already launched programs to prevent long-term care need as well as comprehensive daily living support programs, you are advised to note the checklist at the consultation desk. If you meet the criteria, you are free to utilize visiting long-term care services and day services provided by these programs.

1. Application for a certification

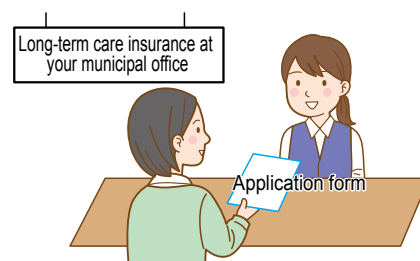
- **The person who wants the service or his/her family member should apply at the municipal office directly.**

[Those aged 65 and over]

→ These individuals are eligible for the benefits of the long-term care insurance regardless of the cause that necessitated long-term care.

[Those aged 40 to 64 enrolled in medical insurance]

→ These individuals are eligible for the benefits only when they come to need long-term care due to one of the specified diseases listed below.



① Cancer (terminal stage), ② Articular rheumatism, ③ Amyotrophic lateral sclerosis, ④ Ossification of posterior longitudinal ligament, ⑤ Osteoporosis accompanied by fracture, ⑥ Dementia at the pre-senile stage, ⑦ Progressive supranuclear palsy, corticobasal degeneration or Parkinson's disease, ⑧ Spinocerebellar degeneration, ⑨ Spiral canal stenosis, ⑩ Progeria, ⑪ Multiple system atrophy, ⑫ Diabetic neuropathy, diabetic nephropathy or diabetic retinopathy, ⑬ Cerebrovascular disease, ⑭ Arteriosclerosis obliterans, ⑮ Chronic obstructive lung disease, ⑯ Arthrosis deformans accompanied by marked deformation in both of the knee joints or the hip joints



2. Long-term care (support need) certification

- **The (support need) certification determines the level of the need for care or support.**

① Field survey

After you apply for certification, the investigator will visit you to interview you about your mental and physical condition, the circumstances of your daily life and other related matters.

② Initial screening

The long-term care need certification committee, comprised of specialists in public health, medical care and social welfare, make the initial determination based on computer-processed home visit results and the primary doctor's opinion.

③ Secondary screening

The second screening is made by the long-term care need certification committee composed of specialists in public health, medical care, and social welfare based on your doctor's written opinion.

④ Notice of the screening result

The municipal office determines the level of certification (support) need and other matters on the basis of the result of the second screening, and notifies you of the decision.

