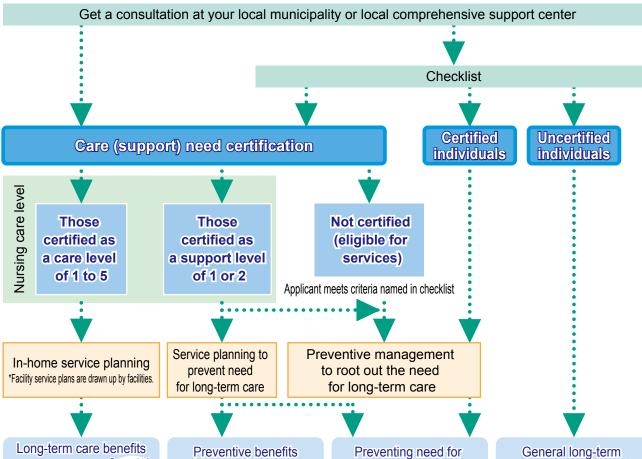
Flow of procedures pertaining to use of care service

Members (insured individuals)

*Foreign residents (living in Japan for a period of more than 3 months, special permanent residents, etc.) are also eligible.

[Category 1 insured individuals] Those aged 65 and over [Category 2 insured individuals] Those aged 40 to 64



For more details

Home care services on available services, see page 13.

- Home help service, etc.
- · Day service, etc.

Community-oriented service

- Small-size multi-functional in-home care service For further details
- Daily-life group care on available services, see page 17.

 for the elderly with dementia, etc.

Facility services

- Social welfare facilities for the elderly requiring care (special nursing home for the elderly)
- Health service facilities for the elderly requiring care, etc.

Home care services

- Preventing the need for long-term care (visiting care service)
- Preventing the need for long-term care (day rehabilitation service, etc.)

Community-oriented services to prevent the need for long-term care

- Preventing need for in-home small-scale and multifunction long-term care
- Preventing need for long-term care (daily life group care service for the elderly with dementia, etc.)

Preventing need for long-term care/living support service projects

- · Visiting care services
- Day center services
- · Living support services
- *Service details differ by municipality.

For more details on available services, see page 22.

care prevention projects
(All elderly individuals
qualify to use the facility)

- Preventing long-term care and related education projects
- Preventing need for long-term car with community-based support projects
- Community rehabilitation support projects
- *Service details differ depending on municipality

Total project for care prevention / daily-living support (community support project)

^{*}The flow chart above indicates the order of operations for utilizing long-term care services. Contact your municipal office for details.