Flow of procedures pertaining to use of care service

Members (insured individuals)

*Foreign residents (living in Japan for a period of more than 3 months, special permanent residents, etc.) are also eligible.

[Category 1 insured individuals] Those aged 65 and over
[Category 2 insured individuals] Those aged 40 to 64

Get a consultation at your local municipality or local comprehensive support center

Checklist

Care (support) need certification

Certified individuals

Those certified as a care level of 1 to 5

Those certified as a support level of 1 or 2

Uncertified individuals

Not certified (eligible for services)

Applicant meets criteria named in checklist

In-home service planning

*Facility service plans are drawn up by facilities.

Service planning to prevent need for long-term care

Preventive management to root out the need for long-term care

Long-term care benefits

Home care services
  • Home help service, etc.
  • Day service, etc.

Community-oriented service
  • Small-size multi-functional in-home care service
  • Daily-life group care for the elderly with dementia, etc.

Facility services
  • Social welfare facilities for the elderly requiring care (special nursing home for the elderly)
  • Health service facilities for the elderly requiring care, etc.

Preventive benefits

Home care services
  • Preventing the need for long-term care (visiting care service)
  • Preventing the need for long-term care (day rehabilitation service, etc.)

Community-oriented services to prevent the need for long-term care
  • Preventing need for in-home small-scale and multifunction long-term care
  • Preventing need for long-term care (daily life group care service for the elderly with dementia, etc.)

Preventing need for long-term care/living support service projects
  • Visiting care services
  • Day center services
  • Living support services

*Service details differ by municipality.

Total project for care prevention / daily-living support (community support project)

For more details on available services, see page 22.

General long-term care prevention projects
(All elderly individuals qualify to use the facility)
  • Preventing long-term care and related education projects
  • Preventing need for long-term care with community-based support projects
  • Community rehabilitation support projects

*Service details differ depending on municipality

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*Service details differ depending on municipality

*The flow chart above indicates the order of operations for utilizing long-term care services. Contact your municipal office for details.