

# Community Support Service

## 1. Community Support Service

The Community Support Service aims to prevent care need (support need) for the elderly, and even if a person already requires care, to provide support to enable independent daily life as much as possible. This service is provided by municipalities.

### [Community Support Service Description]

① Long-term Care Need Prevention and Daily Life Support Comprehensive Service	→ See the next page.
② Comprehensive Support Service (this service is run by the Community Comprehensive Support Center)	→ See “2. Community Comprehensive Support Center.”

## 2. Comprehensive community support center

To assist the elderly in continuing to live in communities that have grown familiar to them, it is necessary to provide not only an insurance system, but comprehensive care which integrates various community resources, and draws on specialists in the field of health and medical support and social welfare work, volunteers, etc.

Municipalities set up Comprehensive Community Support Centers, where they assign staff such as health care managers, public health nurses, and care workers. They use their expert knowledge and skills together to provide comprehensive support to the elderly and their families, etc.



### [Community Comprehensive Support Center Description]

① Care Management for preventing Long-term Care Need, etc.	To set up a care plan considering the motivation and the ability of the user for the purpose of successfully carrying prevention services to prevent long-term care need.
② General consultation and guidance	To build a network with relevant people in the community, offer consultation to the elderly and their families, and help them to receive proper services using appropriate systems and local resources.
③ Protection of rights	To function as an information counter for protection of rights and prevention of cruelty to the elderly through introducing legal guardian system, identifying elder abuse in its early stage, or dealing with consumer issues in order that the elderly live with dignity.
④ Extensive and continuous care management	To support care managers and coordinate care managers and other medical facilities so that the elderly can receive appropriate services for their mental and health condition in a continuous way.

① can be offered in some cases not only by community support centers but also directly by municipal offices.