**Services Available**

**Services given at a facility, etc.**

- **Day service, community-based day service** *
  For those certified as a care level of 1, 2, 3, 4 or 5
  The individual in need of care goes to a facility to receive care including taking a bath, eating a meal, etc., to receive recovery therapy, and recreation. Some facilities offer services to improve oral function, or to achieve dietary improvement and services for those who have cancers or other serious diseases under the supervision of medical specialists.
  ※ As for small-size day-care limited to groups of 18 or fewer, community-based service is provided as community-based day care.
  For those certified as a support level of 1 or 2
  Information is provided in “Project for care prevention / living support services” implemented by the local government.
  ※ Refer to P 22 for details.

- **Day service for the elderly with dementia** *
  The individual in need of care goes to a facility to have the care and function restoring training adapted to the characteristic needs of the elderly with dementia. The purpose of this service is to enable the elderly with dementia to live independently at their home.

- **Day rehabilitation service (day care)**
  The individual in need of care goes to a medical institution or health service facility to undergo training for keeping or recovering their mental or physical functions and for leading daily life independently. Some facilities offer oral care or dietary improvement classes.