How to prepare for an emergency

When using this manual, note the following.

\$\prices\$ Set up a food allergy committee in your child care center, kindergarten, or school.

☆ Formulate a training program for your teachers and other staff.

Take training programs such as the one offered by the Tokyo Metropolitan Government, and refer to various guidelines* to implement training programs in your school or facility.

☆ Identify the individuals who may require emergency care. Be versed in the person's Seikatsu Kanri Shido-hyo ("Allergy Control Guidance Chart") and courses of action. Make sure all teachers and staff share information from the individual's guardian, doctor, etc.

\$\triangle\$ Use this manual and establish roles and responsibilities of teachers and staff, as well as methods of operation, so that everyone can take appropriate action in an emergency.

Establish storage methods so that EpiPen® and oral medication can be accessed and used reliably and effectively.

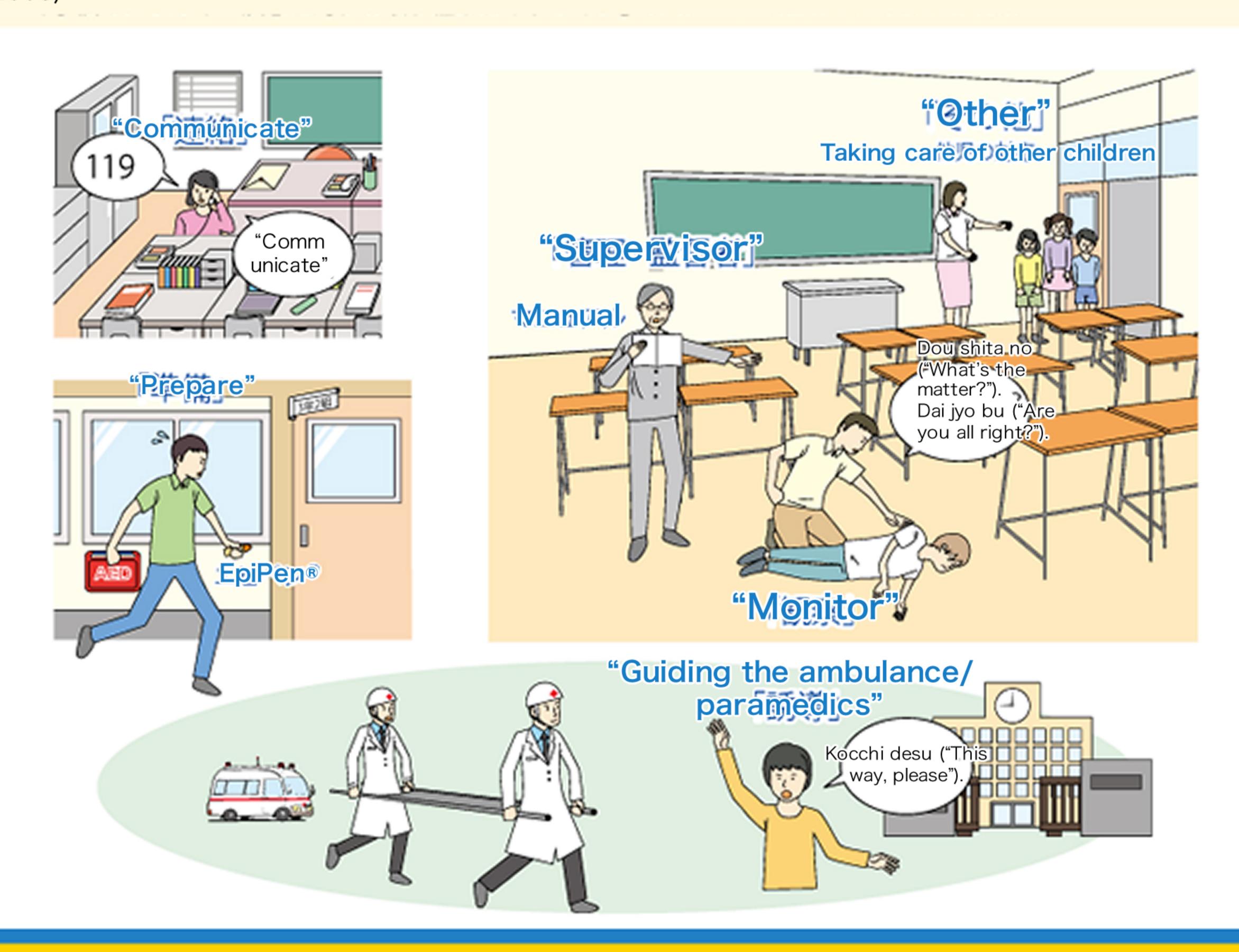
☆ Have several "Symptom check sheets" ready and use them to keep records when monitoring symptoms.
☆ Even when caring for people who have not been prescribed (do not have) EpiPen® or oral medication,

refer to the flowchart of "How to deal with allergy symptoms" to make a determination.

☆ In such cases, skip the sections "How to use EpiPen®" and "Give oral medication" and use the subsequent parameters to make a determination.

*Various guidelines

- · "Food allergy guidebook" (Issued by Tokyo Metropolitan Government Bureau of Social Welfare and Public Health, 2010)
- · "Guidelines for allergic reactions in child care centers" (Issued by MHLW, 2011)
- · "Guidelines for addressing allergic disorders in schools" (Issued by Japanese Society of School Health, 2008)



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[Editorial supervision] Tokyo Metropolitan Government Committee on Measures for Allergic Disorders [Editing and cooperation] Division of Allergy, Tokyo Metropolitan Children's Medical Center

Tokyo Fire Department, Tokyo Metropolitan Board of Education

[Issued by] Health and Disaster Control Information Section, Planning and Coordination Department, Tokyo Metropolitan Institute of Public Health